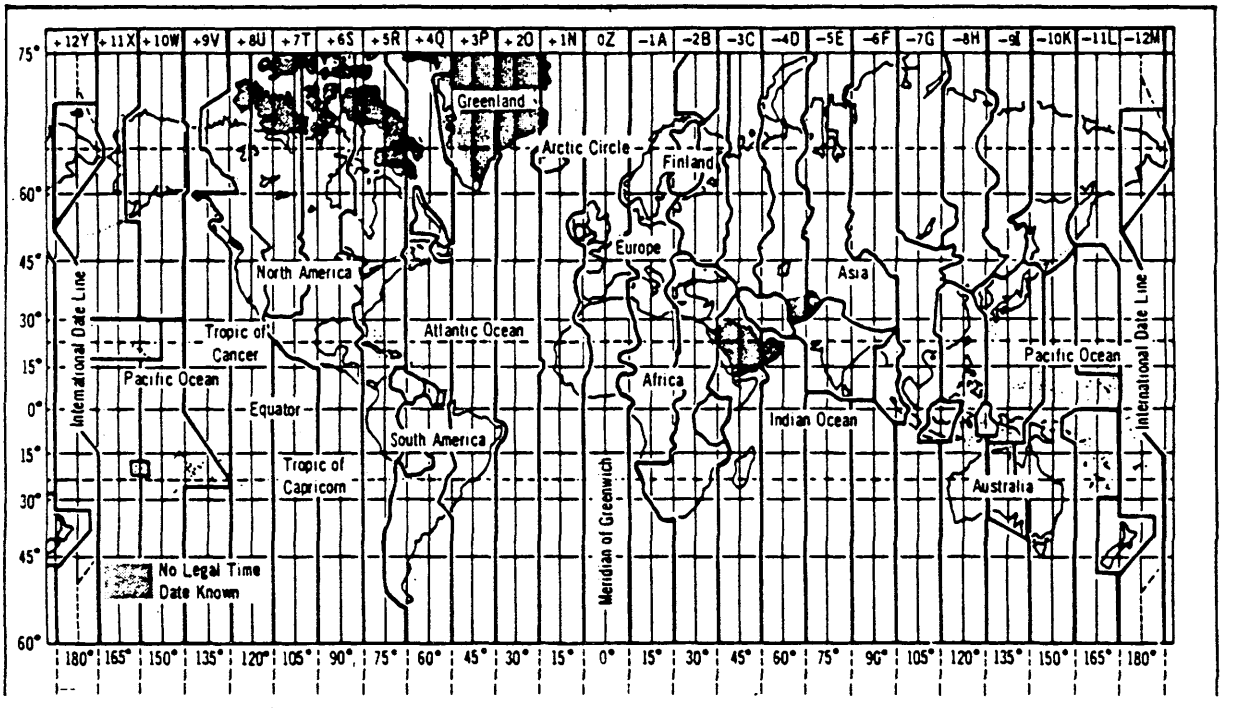
APPENDIX D

World Time Zones

All missions must be expressed in "Z" or ZULU time which is the Greenwich Mean Time (GMT). For instance, 0800T or Tango time in Arizona is 1500Z (0800 +7 = 1500).